

PORTCHESTER SAILING CLUB

Adult Medical consent and emergency contact form

Revised 16 February 2010

**Please complete all sections in Block Capitals
(2 sheets)**

SAILOR'S DETAILS:

Name:	
Home Address:	
Club Membership No.	

EMERGENCY CONTACTS:

Emergency Contact

Name:	
Relationship:	
Home Number	
Work Number	
Mobile Number:	

Alternative Emergency Contact:

Name:	
Relationship:	
Home Number	
Work Number	
Mobile Number:	

DOCTOR DETAILS:

Doctor's Name:		Work Number:	
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It is your responsibility to make known any potential medical conditions that may affect you during the activities associated with the programme you will be taking part in. Please therefore provide as many details as possible. This information will be shared with the organisers and coaches at events and training.

Have you ever suffered from any of the following conditions:

- | | | |
|-----------------------------------|-----|----|
| • Asthma/bronchitis | Yes | No |
| • Heart conditions | Yes | No |
| • Fits, fainting or blackouts | Yes | No |
| • Severe headaches | Yes | No |
| • Diabetes | Yes | No |
| • Travel sickness | Yes | No |
| • Allergies to medication | Yes | No |
| • Any other allergies | Yes | No |
| • Other illnesses or disabilities | Yes | No |

If you have answered yes to any of the above, please provide details in the box below.

When did you last have a tetanus vaccination? Year

Are you currently taking any medication? If so please specify:

Are you suffering/recovering from any injuries, which may affect your sailing?

Are you vegetarian? Yes No Do you have any food allergies? If so, please specify:

Consent

I give permission to the organisers of activities during the period
(dates of event) to administer any relevant treatment or medication to the me, when or if necessary.

In an emergency situation I authorise the organisers to take me to hospital and give my full permission for any treatment required to be carried out in accordance with the hospital's diagnosis.

Signed:

Name: (please print) Date: